



NATIONAL INSTITUTE FOR EMPOWERMENT OF PERSONS WITH MULTIPLE DISABILITIES (DIVYANGJAN)

~Accredited by NAAC~ ~ISO 9001: 2015 ~ (HRD & Clinical Services)
DEPwDs (Divyangjan), Ministry of Social Justice & Empowerment, Govt. of India
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HOBBIES FOR PERSONS WITH MULTIPLE DISABILITIES - DURING COVID 19

Trade: Small Poultry Farmer (NSDC: AGR/Q4306)



Budgies



Quails



Zebra Finches



Country Chicken



Rabbit



Finches Chicks & Eggs

RECREATIONAL ACTIVITIES INCLUDE: -
Physical Exercise
Art & Craft
Painting
Reading
Newspaper/magazine
Watering Plants
Indoor games

SUGGESTED ACTIVITIES FOR DAILY LIVING: -
Yoga
Grooming
Washing drying
Cloths & Folding
Assisting in - Cooking
Hand Embroidery
Playing Indoor Games

LIFE SKILLS:
Decision making
Problem Solving
Interpersonal relationship
Critical thinking
Creative thinking
Self awareness
Empathy
Coping with emotion

HOBBIES DEVELOP:
Fine & Gross motor skills, # Well being # Sequencing skills
Measuring # Personnel hygiene # Self Satisfaction
Differentiation # Sorting # Time Schedule

RESOURCE
Skill Training Online Course: <https://eskillindia.org>
WHO online Course: <https://openwho.org>
Covid-19 Information: <https://www.mygov.in/covid-19>
Mental Health service: 08046110007

For Individualized Vocational Training and Carrier Guidance & Counselling service through tele mode Contact: -
Department of Adult Independent Living (DAIL), NIEPMD
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