



National Institute for Empowerment of Persons with Multiple Disabilities

(Divyangjan)

Department of Empowerment of Persons with Disabilities (Divyangjan)

Ministry of Social Justice & Empowerment, Govt. of India

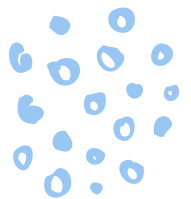
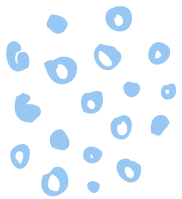
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Some exercises that can help children with Autism during lockdown at home



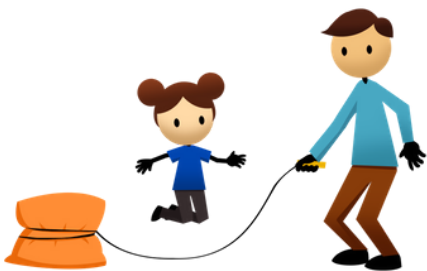
Bear crawl



Wheel barrow walk



Crab walk



Jump



Balance on one leg



Kangaroo hopping



Balloon catching



Gallop horse



Tightrope walking

