

National Institute for Empowerment of Persons with Multiple Disabilities (Divyangjan)



राष्ट्रीय बहुदिव्यांगता सशक्तिकरण संस्थान

Department of Empowerment of Persons with Disabilities (Divyangjan)

दिव्यांगजन सशक्तिकरण विभाग

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Ministry of Social Justice and Empowerment, Govt. of India

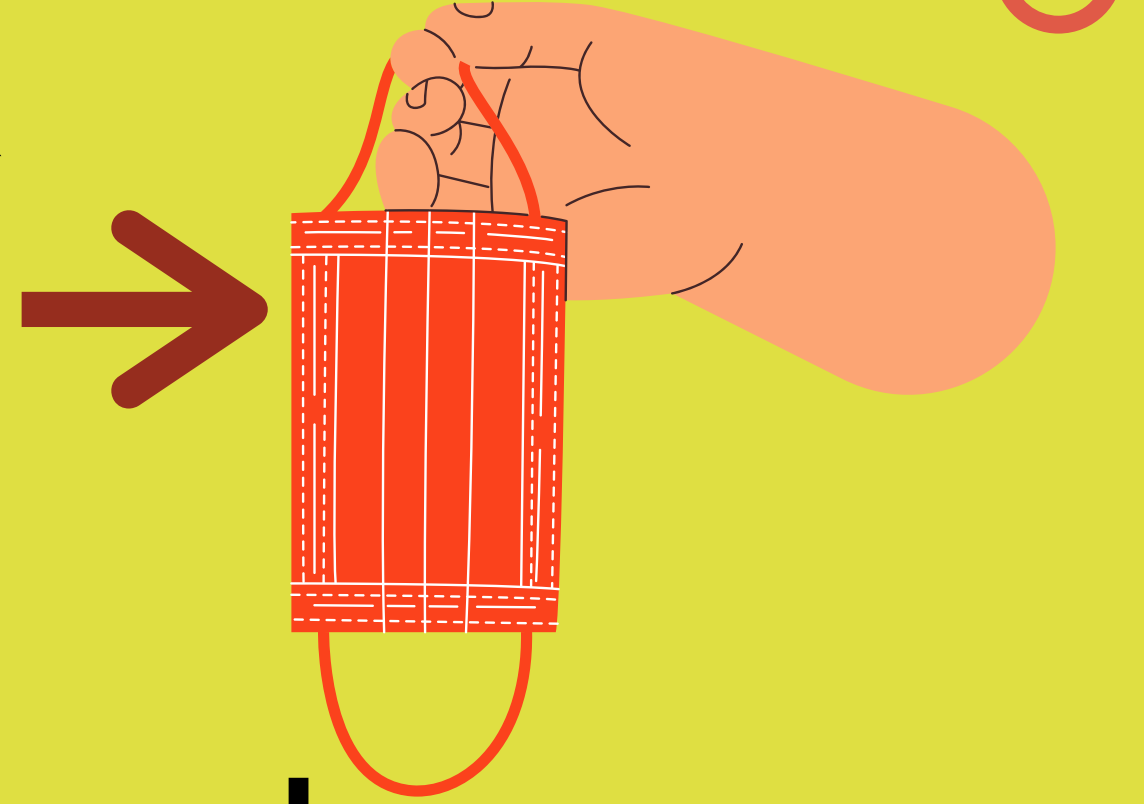
सामाजिक न्याय और अधिकारिता मंत्रालय, भारत सरकार

How to use a mask मास्क का उपयोग कैसे करें



Before putting on a mask

Clean hands with Alcohol-based hand rub or soap and water



While wearing a mask

Cover your mouth and nose

Make sure there are no gaps between your face and the mask

Avoid touching the mask

If you do, clean your hands with alcohol-based hand rub or soap and water

Do not re- use single- use mask

Replace the mask with a new one as soon as soon it is damp



To dispose of the mask

Do not touch the front of mask

Remove the mask from behind using the strings

Discard immediately.

Discard the mask immediately in a closed bin

Clean hands

Clean hands with Alcohol-based hand rub or soap and water



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#stopthespread

Source: World Health Organization