



राष्ट्रीय बहुदिव्यांगता जन सशक्तिकरण संस्थान

(दिव्यांगजन सशक्तिकरण विभाग, सामाजिक न्याय और अधिकारिता मंत्रालय, भारत सरकार)

NATIONAL INSTITUTE FOR EMPOWERMENT OF PERSONS WITH MULTIPLE DISABILITIES (DIVYANGJAN)

(Dept. of Empowerment of Persons with Disabilities (Divyangjan), Ministry of Social Justice & Empowerment, Govt. of India)

~Accredited by NAAC~ ~ISO 9001:2015(HRD & Clinical Services)

ஒன்றுக்கும் மேற்பட்ட ஊனமுற்றோரின் மேம்பாட்டிற்கான தேசிய நிறுவனம்

(மாற்றுத்திறனாளிகள் மேம்பாட்டுத்துறை, சமூக நீதி மற்றும் அதிகாரம் வழங்கல் அமைச்சகம், இந்திய அரசு)

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SWACHHTA PAKHWADA

16th to 31st July, 2020



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CLEAN HANDS ARE SAFE HANDS

How to wash your hands with soap in 6 easy steps.



Wet your hands with clean running water.
Water can be hot or cold.
Turn off the tap and apply hygiene soap to your hands.



Foam your hands by rubbing them together.



Make sure to wash the back of your hands, between your fingers and under your nails.



Wash your hands for at least 20 seconds.



Rinse your hands under clean, running water.



Dry your hands with a clean towel or air-dry them.



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CLEAN & DISINFECT

OFFICE SPACES



Please clean and disinfect all surfaces before and after use.

Some areas to consider:

- hard surfaces
- phones
- keyboards & mice
- filing cabinets
- light switches
- door handles



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STOP THE SPREAD OF GERMS

Help prevent the spread of respiratory diseases like COVID-19.

Clean and disinfect frequently
touched objects and surfaces.



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be wise
AND 
SANITIZE



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**A Clean Home is a
Happy home 😊**



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**On behalf of all Sanitary
workers, my appeal
to all citizens**

Compulsorily segregate waste
as per the 2Bin1 Bag method.

Make sure that all dry waste is
rinsed and dried. Store coconuts
separately for pick up.

All used PPE - used tissues, gloves,
masks - must be disposed as sani-
tary waste; double-wrapped in a
newspaper with a X mark clearly
visible.

If waste pick-up does not arrive or
is delayed, ensure that waste is
stored and not left at the door
steps or dumped on the streets.

If handing over your dry waste
to a wastepicker or scrap dealer,
ensure that no PPE or sanitary
waste is mixed.

If any of us ask for drinking water,
please do share.

We may need water to wash our
hands, so kindly oblige.

Do consider donating PPE -
gloves and masks.



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एक कदम स्वच्छता की ओर



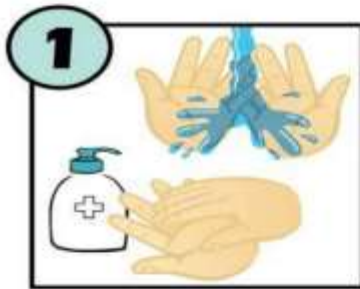
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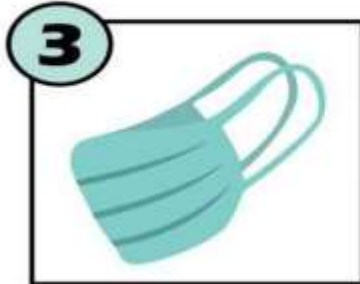
COVID-19: FACE MASK DISPOSAL STEPS



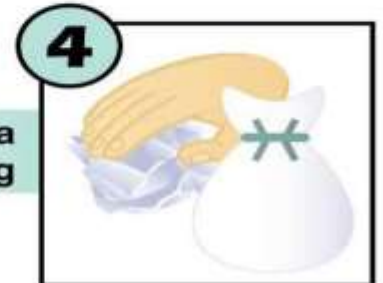
1 Clean hands with soap & water / sanitizer solution



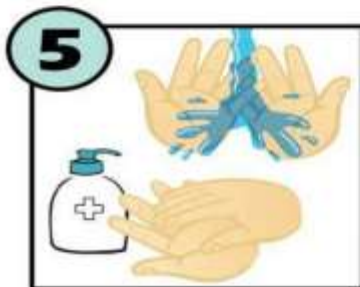
2 Remove the mask by the straps / elastic cords



3 Fold the contaminated part inwards



4 Wrap in a tissue paper / place in a plastic bag before disposing



5 Repeat step 1



DO NOT throw used masks / gloves in a recycling bin



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RECYCLING in the time of coronavirus



Where should I throw out my gloves and masks?

This type of waste should be put in the "OTHER WASTE" BIN since it goes directly.



Masks

MASKS MUST ALWAYS GO INTO THE "OTHER WASTE" BIN

If possible, use reusable masks, but make sure they are certified to protect you and others from COVID-19.



Gloves

ALWAYS GO INTO THE "OTHER WASTE" BIN
NEVER INTO THE BIN FOR PLASTIC PACKAGING



Tissues

SINGLE-USE ONLY AND MUST GO INTO THE "OTHER WASTE" BIN

They should never go into the paper waste bin



Hydroalcoholic gel containers

ALWAYS THROW IT INTO THE BIN FOR PLASTIC PACKAGING, SO THAT IT CAN BE RECYCLED



DUMP CORONA

How to discard hospital waste generated during Covid-19 treatment



POLLUTION CONTROL BOARD RULES

USED MASKS, GLOVES



Keep in paper bag for 72 hours before disposal, cut to prevent reuse

BINS

> **Colour code** | For waste segregation in isolation wards



Dispose of all the uncontaminated waste as solid waste under SWM Rules, 2016

BAGS



> **Double-layer bags** | 2 bags, one inside the other, for collection of waste

WHAT GOES WHERE

Red bag



Used PPEs (Goggles, Face shield, Splash-proof apron, Plastic coverall, Hazmut suit, Nitrile gloves)

Used masks (including triple-layer N95), Head cover/cap, Shoe cover, Disposable linen, Gown, Non-plastic/semi-plastic coverall

Yellow bag



COVID-19 LABEL MUST ON THESE

- > Waste **bins** of isolation ward
- > Dedicated **trolleys** and bins
- > Trash **bags** removed from isolation wards

SEPARATE RECORD

Of all kinds of waste generated in Covid-19 isolation wards



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What's the difference? CLEANING, SANITIZING & DISINFECTING



CLEANING

Works by removing dirt, and debris from surfaces, through hand washing or mechanical cleaning processes.



SANITIZING

Reduces the number of germs and bacteria on surfaces and objects to a safe level, as judged by public health standards or requirements.



DISINFECTING

For chemicals, disinfecting destroys or inactivates bacteria and viruses that are clearly identified on a chemical's product's label on hard, nonporous surfaces.



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PERSONAL HYGIENE FOR KIDS



Oral Hygeine



Bathing Ritual



Hand Washing



Grooming Nails



Toileting Hygiene



Foot Care



Clothes hygeine



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