



**NATIONAL INSTITUTE FOR EMPOWERMENT OF PERSONS  
WITH MULTIPLE DISABILITIES (NIEPMD) (Divyangjan)  
(Accredited by NAAC)**

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## **TEACHING PRE WRITING SKILLS FOR YOUNG CHILDREN WITH AUTISM**

**Encourage the child to hold objects and transfer it to different containers with  
the help of tweezers in order to develop fine motor coordination**



**Provide squeeze toy or soft ball/squeezing toy/bottle/sponge and encourage  
squeezing exercises to help them build muscle.**



**‘Encourage them to involve in art projects like finger painting, colouring and painting in vertical surfaces like board, wall, etc. to improves wrist muscles**



**Introduce strokes (standing line, sleeping line, curves...) and alphabets by asking them to trace on sand/flour/salt and stencils**



**Provide clay or flour dough and encourage them to make shapes and letters**



**Teach the child how to hold a crayon the correct way. You may use pencil holders/pencil grips for easy holding**



**Provide free time to scribble on wall, board or paper**

