



**NATIONAL INSTITUTE FOR EMPOWERMENT OF PERSONS WITH MULTIPLE DISABILITIES
(DIVYANGJAN)**

**Department of Empowerment of Persons with Disabilities (Divyangjan),
Ministry of Social Justice & Empowerment, Government of India**

*(Recipient of National Award for Best Accessible Website for Persons with Disabilities 2011 &
Outstanding Work in Creation of Barrier Free Environment for Persons with Disabilities 2012)*

-Accredited by NAAC-

-ISO9001:2015-

East Coast Road, Muttukadu, Kovalam (Post), Chennai – 603 112, Tamil Nadu

Course Prospectus for
M. Phil., Clinical Psychology
(ACADEMIC YEAR 2023 – 24)

Recognized by: Rehabilitation Council of India
Affiliated to: Tamil Nadu Dr. M.G.R. Medical University

M. Phil Clinical Psychology – Course Prospectus

| | |
|--------------------------------|--|
| Program Code | MPCP-2023 |
| Program Name | M. Phil., Clinical Psychology |
| Recognition Status | Approved by the Rehabilitation Council of India, New Delhi |
| Affiliation Status | Affiliated to the Tamil Nadu Dr. M.G.R. Medical University, Chennai |
| Level of Program | Professional Clinical Training Program |
| Duration of the Program | TWO academic years. This fulltime clinical training course provides opportunities for appropriate practicum and apprenticeship experiences for two academic years is divided as Part - I and II. Course of the study must, unless special exemption is obtained, be continuously pursued. Any interruption in a candidate's attendance during the course of study, due to illness or other extraordinary circumstances must be notified to the Head of the Institution/concerned authority and permission should be obtained. Under any circumstances the candidate should complete the course with-in double the duration (4 years) from the date of enrolment. |
| Pattern of Program | Non-semester |
| Sanctioned Intake | 13 |

| Reservation Criteria | <table border="1" data-bbox="408 232 1485 353"> <thead> <tr> <th data-bbox="408 232 815 271">Category</th> <th data-bbox="815 232 930 271">OBC</th> <th data-bbox="930 232 1023 271">SC</th> <th data-bbox="1023 232 1099 271">ST</th> <th data-bbox="1099 232 1214 271">EWS</th> <th data-bbox="1214 232 1366 271">General</th> <th data-bbox="1366 232 1485 271">Total</th> </tr> </thead> <tbody> <tr> <td data-bbox="408 271 815 353">No. of seats are allotted as per Govt. of India norms</td> <td data-bbox="815 271 930 353">3</td> <td data-bbox="930 271 1023 353">2</td> <td data-bbox="1023 271 1099 353">1</td> <td data-bbox="1099 271 1214 353">1</td> <td data-bbox="1214 271 1366 353">6</td> <td data-bbox="1366 271 1485 353">13</td> </tr> </tbody> </table> <p data-bbox="392 360 1485 546">Note: Candidates applying under respective category (i.e.,) OBC, SC, ST, EWS should attach appropriate certificate issued by the District Administration in the Central Government format. Non-submission of prescribed certificate will not be considered under the selected category and it will be considered under General Category.</p> | Category | OBC | SC | ST | EWS | General | Total | No. of seats are allotted as per Govt. of India norms | 3 | 2 | 1 | 1 | 6 | 13 |
|---|---|----------|-----|-----|---------|-------|---------|-------|---|---|---|---|---|---|----|
| Category | OBC | SC | ST | EWS | General | Total | | | | | | | | | |
| No. of seats are allotted as per Govt. of India norms | 3 | 2 | 1 | 1 | 6 | 13 | | | | | | | | | |
| Medium of Instruction | English | | | | | | | | | | | | | | |
| Eligibility | <p data-bbox="392 674 1485 1055">The minimum qualification for admission into M. Phil., Clinical Psychology shall be 10+2+3+2 under full time regular mode. The candidates should have obtained their basic Degree in Psychology B.A. or B.Sc. and P.G. Degree in M.A / M.Sc. (Psychology, Applied Psychology, Counselling Psychology) in full time regular mode from a university recognized by the UGC with a minimum of 55% marks in aggregate. For SC/ST category & PwD, minimum of 50% marks in aggregate is essential, as per GOI. (Note: As per the guidelines of the Tamil Nadu Dr. M.G.R. Medical University, candidates without Under Graduation in Psychology and those who acquired B.A. or B.Sc. and M.A or M.Sc. degrees by correspondence course or part time or by distance education will not be eligible)</p> <p data-bbox="392 1104 1485 1328">Candidates appearing for the final semester of their PG Degree (on regular mode only) will be eligible to appear for the entrance examination. If the candidate is shortlisted for the interview he/she should be able to produce their original 10th, +2 Mark Statements; UG Degree Certificate, Consolidated Mark Statement and Provisional / Degree Certificate of their PG Degree; Community Certificate / Income Proof in the Central Govt. format (if applicable) at the time of interview.</p> <p data-bbox="392 1377 1485 1601">The candidates those who have been selected for the final admission, along with the above mentioned certificates, must also produce their Transfer Certificate and Migration Certificate from their previous college / university and Eligibility Certificate from the Tamil Nadu Dr. M.G.R. Medical University to complete the admission procedures. The following is the link to apply for the eligibility certificate: https://cms2.tnmgrmuexam.ac.in/#/EligibilityCertificateOnlineApplication</p> <p data-bbox="392 1650 1485 1718">Candidates with the educational back ground from the State Board of Tamil Nadu should also submit the Eligibility Certificate, if selected for the final admission.</p> <p data-bbox="392 1767 1485 1834">Candidates with inadequate certificates at the time of interview will be disqualified for the final admission.</p> | | | | | | | | | | | | | | |
| Admission Criteria | A Selection Committee that includes Head of the Department of Clinical Psychology shall make provisional admission on the basis of an entrance examination, consisting of a written examination and interview. | | | | | | | | | | | | | | |

| | |
|-----------------------------------|--|
| | <p>Mode of Selection: The candidates those who have applied for the M. Phil Clinical Psychology program will be permitted to write their entrance examination after receiving the admit card from NIEPMD(D). The written examination will be of 90 minutes duration to complete the 100 MCQ type questions. There will be no negative marks.</p> <p>The short-listed candidates of the written examination will be permitted to appear for the interview. The marks scored by the candidate in the written examination will be given a wightage of 60% and the marks scored in the personal interview will be given a wightage of 40%. Final Ranking / Merit List will be derived based on the total marks scored in the written examination and interview.</p> <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 10px auto;"> <p>Written Examination (60%) + Interview (40%) = Final Score (100%)</p> </div> <p>Inter-se-merit: If more than one candidate gets equal marks in the final merit list, then the candidate who is elder in age will be considered higher in merit. In case still there is a tie, the candidate with higher total marks in the Master Degree will be considered higher in merit.</p> <p>Candidates with inadequate certificates at the time of interview will be disqualified for the final admission.</p> |
| <p>Registration</p> | <p>A candidate admitted to M.Phil Clinical Psychology at NIEPMD(D) shall register his / her name with Tamil Nadu Dr. M.G.R. Medical University, Chennai by submitting the prescribed application form for registration duly filled, along with the prescribed fee and a declaration in the format to the Controller of Examination of Tamil Nadu Dr. M.G.R. Medical University, through NIEPMD(D).</p> |
| <p>Attendance Required</p> | <p>A minimum attendance of 80% (in a year including in all academic activities) shall be necessary for taking the respective examination.</p> <p>Thirty days of casual leave, maximum of fifteen days per academic year, shall be permitted during the two-year course period.</p> |
| <p>Syllabus</p> | <p style="text-align: center;"><u>Part - I (I Year)</u></p> <p><u>Group "A"-</u> Paper I : Psychosocial Foundation of Behaviour and Psychopathology Paper II : Statistics and Research Methodology Paper III: Psychiatry Practical: Psychological Assessments including Viva Voce</p> <p><u>Group "B"</u> Submission of Five full-length Psycho-diagnostic Records, out of which one record each should be related to, child and neuropsychological assessment. The records should include a summary of the clinical history organized under relevant headings, and a discussion on a) rationale for testing, b) areas to be investigated, c) tests administered and their rationale, d) test findings and e) impression.</p> |

Part - II (II Year)

Group "A"

Paper I : Biological Foundations of Behaviour

Paper II : Psychotherapy and Counselling

Paper III : Behavioural Medicine

Practical : Psychological Therapies including Viva Voce

Group "B"

Submission of Five fully worked-out Psychotherapy Records, out of which one should be child therapy record. The records should include a summary of the clinical history organized under relevant headings, and a discussion on a) reasons for intervention(s), b) areas to be focused including short- and long-term objectives, c) type and technique of intervention employed and rationale d) therapy processes, e) changes in therapy or objectives, if any, and the reasons for the same, f) outcome, g) prevention strategies, h) future plans

Group "C"

Dissertation should be submitted in the second year that is done under the guidance of a Clinical Psychology faculty in the department. If the research work is of interdisciplinary nature requiring input/supervision from another specialist, co-guide(s) from the related discipline will be appointed as deem necessary.

MINIMUM PRESCRIBED CLINICAL WORK DURING THE TWO YEAR OF TRAINING

| S. No. | Clinical Work | Number of Cases | |
|--------|--------------------------------|--------------------------------------|--------------------------|
| | | Part – I | By the end of Part – II* |
| 1. | Detailed case histories | 50 | 70 |
| 2. | Clinical Interviews | 40 | 60 |
| 3. | Full length Psycho-diagnostics | 40 | 50 |
| 4. | Neuropsychological Assessment | 05 | 10 |
| 5. | Therapeutics | i) Psychological Therapies 200 hours | |
| | | ii) Behaviour Therapies 200 hours | |

** Includes the work done in Part – I*

Therapies should be not less than 50 hours of work in each of the following areas:

- a. Therapies with children
- b. Individual therapies with adults
- c. Family/marital/group/sex therapy
- d. Psychological and/or neuropsychological rehabilitation

| | |
|---------------------------------|---|
| | <p>A logbook of the clinical work carried out under the supervision during each year of training, with sufficient details such as particulars of the client, diagnosis, duration and nature of intervention(s), number of sessions held etc. should be maintained by all trainees and must be produced the same to the examiners at the time of Part - I and II practical examinations.</p> <p>Visit the following link for detailed syllabus: http://www.rehabcouncil.nic.in/writereaddata/M%20Phil%20Clinical%20Psychology.pdf</p> |
| <p>Clinical Postings</p> | <p>Department of Clinical Psychology, NIEPMD(D)</p> <ul style="list-style-type: none"> ➤ Child & Adolescent Unit ➤ Psychiatry Unit ➤ Behaviour Management Unit ➤ Neuropsychology Unit ➤ Community Psychology Unit <p>Department of Medical Sciences, NIEPMD(D)</p> <ul style="list-style-type: none"> ➤ Psychiatric Clinic (OP) ➤ Neurology Clinic (OP) <p>Department of Therapeutics, NIEPMD(D)</p> <ul style="list-style-type: none"> ➤ Early Intervention Unit <p>External Postings*</p> <ul style="list-style-type: none"> ➤ Psychiatry ➤ Neurology ➤ Neurosurgery ➤ Cardiology ➤ Dermatology ➤ Gastroenterology ➤ Nephrology ➤ Gynaecology ➤ Oncology <p>Orientation Postings in all the Departments & Model School of NIEPMD(D)</p> <p><i>*External clinical postings will be scheduled each year. Every scholar has to undergo the same for the successful completion of the course. The scholar should make his/her own arrangements for the travel, food and accommodation during the external postings.</i></p> |

**Program
Content &
Credit**

Part - I (I Year)

Group "A"

| Papers | Title | Duration | Final Examination (Maximum Marks) | Internal Assessment (Maximum Marks) | Total |
|---------------|--|-----------------|--|--|--------------|
| Paper I | Psychosocial Foundations of Behaviour and Psycho-pathology | 03 hrs. | 70 | 30 | 100 |
| Paper II | Statistics and Research Methodology | 03 hrs. | 70 | 30 | 100 |
| Paper III | Psychiatry | 03 hrs. | 70 | 30 | 100 |
| Practical | Psychological Assessments and Viva Voce | | 70 | 30 | 100 |

Group "B"

| Title | Final Examination (Maximum Marks) | Internal Assessment (Maximum Marks) | Total |
|--|--|--|--------------|
| Submission of five cases of full-length Psycho-diagnostic Report | None | 100 | 100 |
| Total Marks (Group "A" + Group "B") | | | 500 |

Part – II (II Year)

Group "A"

| Papers | Title | Duration | Final Examination (Maximum Marks) | Internal Assessment (Maximum Marks) | Total |
|---------------|---------------------------------------|-----------------|--|--|--------------|
| Paper I | Biological Foundations of Behaviour | 03 hrs. | 70 | 30 | 100 |
| Paper II | Psychotherapy and Counselling | 03 hrs. | 70 | 30 | 100 |
| Paper III | Behavioural Medicine | 03 hrs. | 70 | 30 | 100 |
| Practical | Psychological Therapies and Viva Voce | | 70 | 30 | 100 |

| | <p>Group "B"</p> <table border="1" data-bbox="405 230 1501 465"> <thead> <tr> <th data-bbox="405 230 778 342">Title</th> <th data-bbox="778 230 1062 342">Final Examination (Maximum Marks)</th> <th data-bbox="1062 230 1347 342">Internal Assessment (Maximum Marks)</th> <th data-bbox="1347 230 1501 342">Total</th> </tr> </thead> <tbody> <tr> <td data-bbox="405 342 778 465">Submission of five fully worked Psychotherapy Record</td> <td data-bbox="778 342 1062 465">None</td> <td data-bbox="1062 342 1347 465">100</td> <td data-bbox="1347 342 1501 465">100</td> </tr> </tbody> </table> <p>Group "C"</p> <table border="1" data-bbox="405 539 1501 853"> <thead> <tr> <th data-bbox="405 539 778 651">Title</th> <th data-bbox="778 539 1062 651">Final Examination (Maximum Marks)</th> <th data-bbox="1062 539 1347 651">Internal Assessment (Maximum Marks)</th> <th data-bbox="1347 539 1501 651">Total</th> </tr> </thead> <tbody> <tr> <td data-bbox="405 651 778 734">Dissertation</td> <td data-bbox="778 651 1062 734">70</td> <td data-bbox="1062 651 1347 734">30</td> <td data-bbox="1347 651 1501 734">100</td> </tr> <tr> <td colspan="3" data-bbox="405 734 1347 853" style="text-align: center;">Total Marks (Group "A" + Group "B" + Group "C")</td> <td data-bbox="1347 734 1501 853" style="text-align: center;">700</td> </tr> </tbody> </table> | Title | Final Examination (Maximum Marks) | Internal Assessment (Maximum Marks) | Total | Submission of five fully worked Psychotherapy Record | None | 100 | 100 | Title | Final Examination (Maximum Marks) | Internal Assessment (Maximum Marks) | Total | Dissertation | 70 | 30 | 100 | Total Marks (Group "A" + Group "B" + Group "C") | | | 700 |
|--|---|--|--------------------------------------|--|-------|--|------|-----|-----|-------|--------------------------------------|--|-------|--------------|----|----|-----|--|--|--|-----|
| Title | Final Examination (Maximum Marks) | Internal Assessment (Maximum Marks) | Total | | | | | | | | | | | | | | | | | | |
| Submission of five fully worked Psychotherapy Record | None | 100 | 100 | | | | | | | | | | | | | | | | | | |
| Title | Final Examination (Maximum Marks) | Internal Assessment (Maximum Marks) | Total | | | | | | | | | | | | | | | | | | |
| Dissertation | 70 | 30 | 100 | | | | | | | | | | | | | | | | | | |
| Total Marks (Group "A" + Group "B" + Group "C") | | | 700 | | | | | | | | | | | | | | | | | | |
| <p>Submission of Records & Dissertation</p> | <p>Two months prior to Part - I examination the candidates are required to submit five full-length Psycho- diagnostic Reports as outlined above.</p> <p>Two months prior to Part - II examination the candidates are required to submit five Psychotherapy Records as outlined above.</p> <p>Three months prior to Part - II examination the candidates are required to submit, in triplicate, a research Dissertation under the guidance of a clinical psychology faculty member as specified above.</p> <p>The application for appearing either Part - I or Part - II examination should be accompanied by a certificate issued by Head of Department that the candidate has carried out the specified minimum clinical work, submission, dissertation (in case of Part - II only) and has attained the required competence in core- tests as prescribed in the syllabus.</p> | | | | | | | | | | | | | | | | | | | | |
| <p>Evaluation Pattern</p> | <p>Each year shall have Internal Assessment per term and have University Examination at the end of the first and second year.</p> <p>Internal Assessment In each paper 30% marks will be determined on the basis of written/clinical exams, viva-voce and supervised clinical work.</p> <p>Assignments and seminars shall also be part of the internal evaluation and the marks will duly be given for the same. These marks will be added to the marks allocated to the respective subjects in the yearly final examinations. The results of the final examinations will be declared on the basis of the total so obtained.</p> | | | | | | | | | | | | | | | | | | | | |

| | |
|-----------------------------------|--|
| | <p>University Examination</p> <p>The University Examination will be held in two parts (Part - I and Part - II). Part -I is held at the end of first year and Part – II is held at the end of second year. A candidate will not be allowed to take the Part – II examination unless he/she has passed the Part – I examination.</p> <p>A candidate who has not appeared or failed in Part – I of the regular examination may be allowed to continue the course for the II year and be allowed to take the supplementary Part – I examination.</p> <p>A minimum period of three months additional training shall be necessary before appearing for the examination in case he/she fails to clear Part – I and/or Part – II examination.</p> <p>A candidate has to complete the course successfully within a period of four years from the year of admission to the course.</p> <p>Appearance for each Examination</p> <p>A candidate shall appear for all the Groups of Part – I and Part – II examination when appearing for the first time.</p> <p>A candidate in Part – I and Part – II, failing in any of the “Group-A” subjects has to appear again in all the “Group-A” subjects.</p> <p>A candidate in Part – I, failing in “Group-B” has to resubmit five full-length Psycho diagnostic Records.</p> <p>A candidate in Part – II, failing in “Group-B” has to resubmit five fully worked-out Psychotherapeutic Records.</p> <p>A candidate in Part – II, failing in “Group-C”, has to reappear/ resubmit the dissertation as asked for and/or outlined by the examiners.</p> |
| <p>Qualifying Criteria</p> | <p>Minimum for Pass</p> <p>A candidate shall be declared to have passed in either of the two parts of the M. Phil., examination if he/she obtains not less than 50% of the marks in:</p> <ol style="list-style-type: none"> i. Each of the theory paper ii. Each of the practical and viva-voce examinations iii. Each of the submissions iv. The dissertation (in case of Part – II only) <p>A candidate who obtains 75% and above marks in the aggregate of both the parts shall be declared to have passed with Distinction.</p> <p>A candidate who secures between 60% and below 75% of marks in the aggregate of both the parts shall be declared to have passed M. Phil., degree in First Class.</p> |

| | |
|--|--|
| | <p>The other successful candidates as per the clause (a) of the above shall be declared to have passed M.Phil., degree in Second Class.</p> <p>If a candidate fails to pursue the course on a continuous basis, or fails or absent himself/herself from appearing in any of the university theory and practical examinations of Part – I and II, the class shall not be awarded.</p> <p>The merit class (Distinction / First Class) is awarded to only those candidates who pass both Part – I and II examinations in first attempt.</p> <p>No candidate shall be permitted to appear either of Part – I or II examination more than three times.</p> |
| Evaluation & Certifying Authority | The Tamil Nadu Dr. M.G.R. Medical University, Chennai. |
| Stipend | A stipend amount of Rs.10,000/- per month will be paid during the II year of the program. The candidates can avail the stipend only on fulfillment of the norms stipulated for the same. |
| Vacation | There is no vacation. |
| Scope of the Program | <ul style="list-style-type: none"> • Diagnose mental health problems. • Conceptualize specific adult and child mental health problems within a psychological framework and carryout relevant treatment/management. • Apply psychological principles and techniques in rehabilitating persons with mental health problems and disabilities. • Work with the psychosocial dimensions of physical diseases, formulate and undertake focused/targeted psychosocial interventions. • Undertake research in the areas of clinical psychology such as, mental health/illness, physical health/diseases and relevant societal issues viz. misconception, stigma, discrimination, social tension, gender construction, life style etc. • Work with community to promote health, quality-of-life and psychological well-being. Undertake responsibilities connected with teaching and training in core and allied areas of Clinical Psychology. • Undertake administrative and supervisory/decision-making responsibilities in mental health area. • Provide expert testimony in the court of law assuming different roles |