## National Institute for Empowerment of Persons with Multiple Disabilities (Divyangjan)

(Dept. of Empowerment of Persons with Disabilities (Divyangjan), Ministry of Social Justice and Empowerment, Govt.of India) ECR, Muttukadu, Kovalam Post, Chennai – 603 112.

Phone: 044-27472113, 27472104 Toll Free No: 18004250345 www.niepmd.tn.nic.in Email: niepmd@gmail.com



As communities around the world respond to the rapidly evolving situation around COVID-19, Clinical and Rehabilitation Psychologists from NIEPMD, Chennai are providing on-call counselling and guidance services. Anyone facing mental health issues like stress, anxiety, depression, etc. during this quarantine period can utilize our services without any hesitation.

| MORNING |                |                                |                  |
|---------|----------------|--------------------------------|------------------|
| No      | Contact Number | Language                       | Timing           |
| 1       | +91 8943838600 | Malayalam, Tamil & English     | 10 am to 12 pm   |
| 2       | +91 7981051393 | Telugu                         | 10 am to 11 am   |
| 3       | +91 9072986156 | Malayalam & English            | 10 am to 12 pm   |
| NOON    |                |                                |                  |
| 1       | +91 8848480397 | Tamil. Malayalam & English     | 12 pm to 3 pm    |
| 2       | +91 8903687769 | Tamil & Malayalam              | 11.30 am to 1 pm |
| 3       | +91 9447310416 | Tamil & Malayalam              | 12 pm to 2 pm    |
|         |                | EVENING                        |                  |
| 1       | +91 8610960913 | Tamil & English                | 1 pm to 3 pm     |
| 2       | +91 6374380854 | Telugu, English, Tamil & Hindi | 2 pm to 4 pm     |
| 3       | +91 9597272869 | Tamil & English                | 2 pm to 5 pm     |
| 4       | +91 9884889941 | Tamil & English                | 2 pm to 5 pm     |
| 5       | +91 9994320800 | Tamil & English                | 2 pm to 5 pm     |
| 6       | +91 8248612657 | Tamil, Telugu & English        | 3 pm to 5 pm     |
| 7       | +91 8778616335 | Tamil, English &Malayalam      | 4 pm to 6 pm     |
| 8       | +91 8489985392 | Tamil & English                | 4 pm to 6 pm     |
|         |                | NIGHT                          |                  |
| 1       | +91 7907680213 | Tamil & Malayalam              | 8 pm to 9.30 pm  |
| 2       | +91 9049445086 | English & Hindi                | 7:30 pm to 9 pm  |
| 3       | +91 9940215210 | Tamil & English                | 8 pm to 10 pm    |

We are here for you. Don't hesitate to grab our hands.

